

ALTITUDE

INTERNATIONAL SUMMER CAMPS

Example Mountain Adventure Camp

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
08:00	Arrivals	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00		Hike & Scavenger Hunt	Shelter Building	Gorge Du Triège	Maps & Compasses	Nature Studies	Excursion
12:00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
13:00		Tennis	Mini Golf	Excursion	Swimming	Ropes Course	Excursion
16:00	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time
18:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:30	Games	Kite Making	Art Workshop	Bridge Building	Drama	Mini Olympics	Juggling

Week 2	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
08:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00	Kayaking	Biking	Alpine Animals & Camouflage	Col du Forclaz	Fires & Outdoor Cooking	Climbing	Departures
12:00	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
13:00	Volleyball	Ice Skating	Trotinette	Excursion	Hike at the Dam	Climbing	
16:00	Free Time	Free Time	Free Time	Free Time	Free Time	Free Time	
18:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
19:30	Egg Drop	Camp Fire	Quiz Night	Talent Night	Tower Ball	Prize Giving	