



# JUNIOR AND TEEN CAMP


SWITZERLAND  
FLIMS | LAAX

*For girls and boys from 6 to 16 years old  
Languages, sports, creative activities*



Summer camp, Swiss made 

JTCamp.ch



# BREATHTAKING NATURE SUMMER CAMP, SWISS MADE

OVER 50  
YEARS OF  
EXPERIENCE

FAMILY  
RUN

6 TO 16  
BOYS AND  
GIRLS

MIN 25  
NATIONALITIES  
EVERY  
SUMMER

LANGUAGE  
COURSES IN  
SMALL GROUPS  
(8 MAX)

TEACHER-  
STUDENT  
RATIO 1:5

ROOMS FOR  
2 WITH  
EN-SUITE  
BATHROOMS

1H 30 FROM  
ZURICH  
AIRPORT

FAMILY  
OPERATED  
BUSINESS

# WELCOME TO JUNIOR & TEEN CAMP SWITZERLAND

*Running camps has always been a family affair for us. For over 50 years it has been our passion and our commitment to welcome children and young adults to camp with us.*

Every year youngsters aged between 6 and 16 from at least 25 different nations come together at the JTCamp to celebrate a fabulous summer of fun, friendship and discovery in the health-giving mountain air of Laax in the Swiss Alps. Here they spend their mornings learning English, French, German or Spanish in small classes. In the afternoons they can choose from a great programme of sports – something to suit everyone. Every week there are excursions, BBQs, games and countless other activities. The JTCamp's multilingual community is the perfect summer holiday setting for your children.

Mr Bernard Repond | Mrs Rose-Marie Repond | Mr Gilles Repond  
Directors & Owners



LAAX  
Switzerland



## LOCATION

Flims-Laax, a picturesque Swiss mountain village, is a summer paradise of green mountain pastures, glacier-fed rivers, and pristine lakes. Located at an ideal 1000 meters, the average temperature in the summer is around a comfortable 22 degrees Celsius.

The Caumasee, the largest lake in the area, is sourced from natural, warm springs and features islands and turquoise water. The Laaxersee is also a great place to swim and for other aquatic activities such as canoeing, water trampoline and paddling.

We provide the highest standards of safety and security. Teachers are accommodated in the same building as the campers thus ensuring 24/7 supervision.

# WHAT MAKES JTCAMP SPECIAL

FLEXIBLE DURATION

HIGH QUALITY ACCOMMODATION

SMALL LANGUAGE CLASSES

FAMILY OWNED

## THE JTCAMP WEEK

	morning	afternoon	evening
Monday	language classes	sports and activities	creative activities
Tuesday			
Wednesday	excursions		
Thursday	language classes	sports and activities	creative activities
Friday			
Saturday			
Sunday	late breakfast, group games, brunch	team building games and BBQ	

## TYPICAL DAY

- 7:45 am** Wake-up
- 8:15 – 8:45 am** Breakfast
- 9:30 – 11:45 am** English, French, German, or Spanish classes
- 12:00 pm** Lunch and leisure period
- 1:30 pm** Sports activities
- 5:45 pm** Everyone back at camp
- 6:30 pm** Dinner
- 7:30 pm** Evening activities: arts, sports, creative activities
- 9:30 – 10:30 pm** Bedtime (depends on the activities and/or age)



## LANGUAGE CLASSES

Classes are offered at all levels, from complete beginner to advanced, in **English, French, German and Spanish.**

- A placement test ensures that learners are put into a group at the right level, right from the start
- All our teachers are bilingual or native speakers
- Lessons are lively, varied and engaging
- 12 hours of language classes per week
- A camp management team member supervises the daily class period
- A certificate is issued at the end of the session

## SPORT AND CREATIVE ACTIVITIES

The unique JTCamp concept:

- Campers can choose from a range of 30 activities to match their level of interest and ability
- Campers participate only in those activities they have personally chosen
- Activities are chosen at the camp with the help of a counsellor
- All sports and activities are included in the price, including the material

## SPORTS

CLIMBING AND HIKING  
MOUNTAIN BIKING  
FOOTBALL ACADEMY  
HORSE RIDING  
BASKETBALL  
YOGA

GOLF  
FREE STYLE  
TENNIS  
CANOEING  
INDOOR GYMNASTICS  
... AND MORE

Campers are free to choose any of these sports, at any level of intensity (try out, practice, intensive) and level (beginner, intermediate, advanced)

## CREATIVE ACTIVITIES

**MUSIC:**  
**ARTS AND CRAFTS:**  
**COOKING:**

Percussion, singing, Piano, Guitar, Group songs, LipDub  
Painting, drawing, creative art  
Baking and local cooking lessons  
Swiss specialities with a professional cook



## ACCOMMODATION

JTCamp's headquarters are in the Riders Hotel, a stylish design hotel equipped with "Minergie" eco-friendly systems.

- Double rooms with ensuite bathrooms for all guests (triples, if available, on request). Single rooms available at extra charge.
- Daily fresh towels and housekeeping.
- Twice-weekly laundry

## STAFF AND SAFETY

The safety and security of all our campers is our top priority and you can rest assured that your children will be looked after round the clock.

- All our staff are thoroughly screened and trained. The ratio of staff to campers is 1:5. For some activities, we enlist the expertise of additional professionals to ensure the safety of the campers.
- The Management Team supervises every aspect of camp life. We conduct daily staff meetings to get feedback from teachers so that we can adapt the program for the following day.
- Every night campers are informed about our "Night Monitors" – staff who remain in the corridors throughout the night to provide assistance or support, as needed.
- Our building is equipped with the most up-to-date CCTV technology and a door-locking system to prevent unauthorized entrance.
- Phones lines are open for emergencies 24/7.
- All new campers are required to fill out the medical form, which is forwarded in advance to the doctors in the region and the closest hospital. Around-the-clock medical care is available.

## EXCURSIONS

Our price includes a weekly one-day excursion, which takes in some of the famous sites in Switzerland such as Lucerne, Ascona, Zurich, with something for all age groups.



## HEALTHY CUISINE

Our experienced Head Chef prepares a well-balanced, varied menu using, as far as possible, fresh, locally-sourced products. JTCamp never serves pork. Breakfast is from a large buffet with hot and cold options such as porridge and scrambled eggs. Lunch and dinner feature a large salad bar. Every week, we surprise our campers with themed buffets, barbecues by the lake and mountain-top picnics. Throughout the day a large basket of fruit and fresh water are always available for campers. Snacks are provided in the afternoon. JTCamp can offer a gluten free, lactose free or vegetarian diet. All other diets cannot be guaranteed and must be discussed in advance. Birthdays are of course celebrated!

## DAY CAMP OPTION

A lighter version of the JTCamp can be booked on request and if available. This kind of arrangement is better suited to younger campers. It gives them the chance to gradually get used to being away from their parents and to find out how to enjoy the camp experience. There are two options:

- Daily 9 am– 9 pm or 9 am – 6 pm. The choice is yours.
- Recommended arrival: Saturday or Sunday.

We can also provide breakfast, laundry, pick-up/drop-off service – please just ask us to make the arrangements you want. To ensure that the Day Camp does not upset our schedule and the cohesion of the group, we kindly ask parents to be punctual. A minimum booking of 5 days is required for the Day Camp. All our partner hotels in the region will drop off and/or pick up your child before/after activities (some for a fee).

## RULES AND REGULATIONS

The JTCamp has very strict rules on respect. We welcome a mix of nationalities and cultures and expect each individual (staff included) to conduct themselves in a manner befitting a guest in a foreign country. Please note that we will not hesitate to expel campers who do not obey our rules. We also expect parents to read these rules carefully and understand them.

### CONTACT WITH YOUR CHILD AND CELLPHONE POLICY

Our office is open daily from 8 am to 9.30 pm and we are happy to transfer your calls to your child during meal times, three times a day. For organisational reasons we are not able to transfer calls outside these times. May we politely point out that we cannot transfer calls during off-camp activities such as a BBQ and excursions. An emergency contact is available 24/7.

When checking in, campers are required to deposit their mobile phones at the front desk. They may subsequently be used twice a day for 15 minutes. This rule includes tablets and any device capable of transmitting or receiving data. Although not recommended, cameras and mp3 players may be kept in the hotel rooms. Sunday is a "no-cell-phone" day. We highly recommend that parents explain these rules to their children before they arrive at the JTCamp.

IMPORTANT





### BOOKING PROCESS

Complete the application form online or on paper



We will confirm acceptance



Pay the 1500 CHF deposit



40 days prior to arrival, pay full amount



Send us arrival details, medical form



Enjoy JTCamp!

### CANCELLATION POLICY

All bookings are considered final once the non-refundable down payment has been made. Cancellations of more than 40 days prior to arrival are entitled to a full refund, minus the down payment. Cancellations made less than 40 days prior to arrival day are not entitled to a refund. We strongly suggest that you obtain private cancellation insurance.



## Waldhaus Flims – Wellness Resort SPLENDIDLY RESTORED

*A world-class resort with a unique atmosphere awaits you in Flims/Laax.*

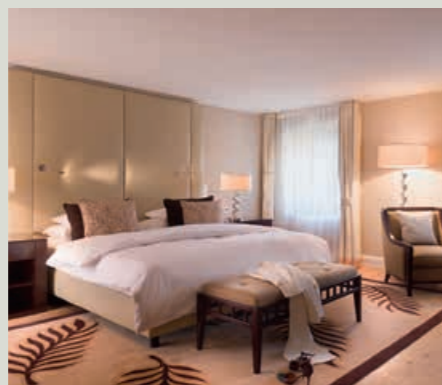
Guests choose the Waldhaus Flims Wellness Resort as the ultimate alpine retreat. Breathing in the pine-scented air, this is the place to rejuvenate in a surreal mountain scenery. Amid the grandiose mountains of Flims Laax, the Waldhaus Flims with its stylish, recently renovated and elegantly furnished rooms, generous suites and presidential suite awaits you to let time tick by in peace and tranquillity. The award-winning 3000 sqm Waldhaus Spa & home to the Hollywood movie “the Youth” by movie director Paolo Sorrentino boasts a private outdoor pond, pools, saunas, private spa suite in pure relaxation.

Wine & dine options are plentiful at the Waldhaus Flims: in style at our “Epoca” restaurant where you’ll be tempted to stay for seconds – and thirds. Our gourmet cuisine has been awarded

with 14 Gault-Millau points. Our guests relish the exquisite dishes of “Siam” and enjoy the sharing concept of the multiple facets of Asian cuisine. Looking for a relaxed evening? Families will be at ease in the unfussy Italian ristorante “Pomodoro Verde” or in “Il Tschaller” welcoming guests dying for the traditional cheese fondue. Be aware: this one is only available in the winter.

To top it off, your little ones will be in their element in our Kids’ Club that offers free daily childcare for kids from the age of two from 8 am to 6.30 pm in a separate gameroom full of toys.

[www.waldhaus-flims.ch](http://www.waldhaus-flims.ch)  
 Book directly via [www.jtcamp.ch](http://www.jtcamp.ch)



## HOTEL ADULA – CORDIAL BEINVEGNI ALPINE | ACTIVE | AUTHENTIC

Pleasant moments and pure relaxation await you in our charming Hotel Adula. The 4-star superior hotel is idyllically located in Flims in the picturesque Graubünden region. Surrounded by breathtaking mountain scenery and only 90 minutes from Zurich. Here hospitality, cordiality, culinary delights and wellness are the focus. Whether for holidays with the whole family and friends or a romantic weekend for two – with us you spend relaxed days completely according to your desires.

Did you know that the destination was awarded the “Family Destination” quality seal? Not only off the beaten track or on the piste do we offer exciting activities or family excursions, we

also offer swimming holidays or skiing holidays with children: With us the kids spend their morning during the family holidays in the Ami Sabi wonderlands, while their parents hike, bike, carve on the mountain or relax in the spa. If you spend your holidays with your children in Flims Laax Falera, you can swim, hike or ice skate with the whole family in the afternoon at the lakes of the destination. And if your family has enough energy left, at the latest after a visit to the Freestyle Academy they will all look forward to the next stay in Flims Laax Falera – the paradise for a holiday with children in Switzerland.

[www.adula.ch](http://www.adula.ch)





FLIMS · SWITZERLAND  
**THE HIDE**  
HOTEL



## THE HIDE HOTEL FLIMS – NEW OPENING

*A hidden gem of a home*

The Hide Hotel Flims is located 5km from the Junior and Teen camp. Inside, the hotel's 47 penthouse rooms and homey public areas have been conceived by award-winning Erik Nissen Johansen of the firm Stylt Trampoli, a Norwegian visionary and artist with a passion for engaging design experiences that focus on storytelling. A living room lobby greets guests. It is equipped with a fireplace, lounge, bar, and library and ample cozy nooks where staff can be consulted to create idyllic excursions. Defined

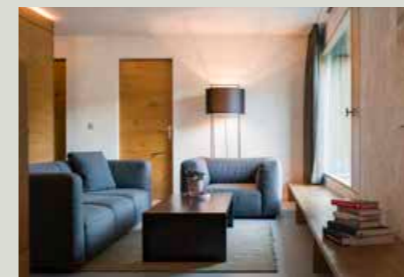
by a warm and generous approach to hospitality, a mountain concierge is on hand to facilitate any equipment rentals, activity planning, and to provide valuable insider knowledge of the area. Not to forget the younger mountaineers, a 2000 sqm «Kindercity» boasts chocolate and workshops, exhibitions, a dinosaur workshop, a robotics lab, driving school, and professional childcare.

[www.thehideflims.ch](http://www.thehideflims.ch)



member of **design hotels™**

**rocks**resort



## rocksresort – YOUR LUXURY RESIDENCE

member of **design hotels™**

*Within walking distance of the JTCamp*

At rocksresort, which is situated in a car-free play zone within walking distance of the JTCamp, the Alpine lifestyle has been reinterpreted and is celebrated with passion. Enjoy the highest standards of living with comfortably furnished and serviced luxury apartments from 60 m<sup>2</sup> up to 120 m<sup>2</sup>. Take a voyage of discovery and experience a new method, bringing together the highest architectural demands with excellent service. The rocksresort offers you count-

less options for a varied holiday. Besides the wide range of hotel services (24 hours concierge/reception, daily housekeeping service, wellness, room service, butler service on request), there is also a wealth of restaurants, bars and shops within the resort.

[www.rocksresort.com](http://www.rocksresort.com)

Book directly via [www.jtcamp.ch](http://www.jtcamp.ch)



**signinahotel**

## signinahotel – YOUR 4\* HOTEL IN LAAX

*Next to the JTCamp and to rocksresort*



The 4\* signinahotel is also situated within walking distance of the JTCamp. Enjoy the unique location directly at the base station in Laax Murschetg. You benefit from a wide variety of shops and catering outlets. The signinahotel offers cosy north- and south-facing rooms, from which you will be enchanted by the beautiful mountain panorama. There is also a restaurant with a terrace and a lounge. Enjoy true Swiss hospitality at the signinahotel: our friend-

ly, competent employees are available around the clock to provide you with assistance. Available hotel services: 24 hours concierge/reception, daily housekeeping service, room service, butler service on request, wellness area, variety of restaurants, bars & shops near the hotel.

[www.signinahotel.com](http://www.signinahotel.com)

Book directly via [www.jtcamp.ch](http://www.jtcamp.ch)





**GIARDINO GROUP**  
SUPERIOR RETREATS AND RESORTS



**THE CHEDI**  
ANDERMATT, SWITZERLAND

## GIARDINO HOTELS – SUPERIOR RETREATS AND RESORTS

### Concept

As the only true lifestyle hotel group in Switzerland, Giardino offers a fresh interpretation of luxury boutique hotels that are dedicated to creating unique experiences in gorgeous settings, creative dining possibilities, and providing elegant touches of Mediterranean joie de vivre.

### Location

Whether in sunny Ticino, at Alpine altitudes or in cool urban areas, the Giardino hotels combine a casual ambience, upscale services, and stylish design within each of its unique locations, all while offering the highest level of Swiss hospitality and service.

### Food

An array of fine and casual dining options are available at all Giardino hotels – including two-Michelin-starred restaurants and Ayurveda-inspired menus.

### Well-being

Prevention takes centre stage with Ayurveda by Giardino, which offers guests a diverse programme of holistic health treatments and cures through a variety of approaches focused on individual needs.

[www.giardinohotels.ch](http://www.giardinohotels.ch)



## The Chedi Andermatt – ALPINE CHIC MEETS ASIAN ZEN

*Located in the heart of the Swiss Alps, only 90 min from Laax and 90 min from Zurich*

Surrounded by the natural beauty of the Swiss Alps, The Chedi Andermatt offers an extraordinary blend of traditional local hospitality and Asian grace and elegance and sets new standards in the international luxury-hotel market. Be enchanted and inspired by this unique atmosphere.

The Chedi Andermatt is both captivating and striking in its otherness – in the unusual combination of Alpine chic and Asian elements. Glossy Alpine wood, smooth leather sofas, over 200 fireplaces and numerous panorama windows offer a warm and cosy spot to linger a while.

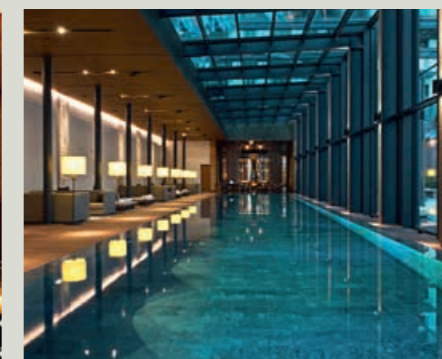
Located 1,447 metres above sea level, this five-star deluxe hotel enchants guests with its 123 elegant rooms and suites, award-winning restaurants as the Michelin The Japanese Restaurant and also the Asian-European culinary highlight at The Restaurant with our exclusive 5-meter-high The Wine and Cheese Cellar.

Experience pure relaxation at our multi-award-winning 2,400 square metre Spa with its exclusive Sauna area, ten Deluxe Spa Suites, hydrothermal pools, a heated outdoor pool and a 35-me-

tre-long indoor pool featuring a glass roof and breathtaking panoramic view over the Alps.

An attractive holiday destination whatever the time of year. The Chedi Andermatt offers our guests a personal and individually customised service of the very highest quality. As the first luxury hotel in Switzerland, The Chedi Andermatt also boasts an exclusive Ski and Sports Butler service especially for sports-oriented guests. Among other services, they can arrange ski passes, golf tee times and sporting activities of all types, including any necessary equipment. Vintage and modern car fans alike are sure to love the thrilling adventure of mountain driving during the summer – be it over the Furka, Oberalp or Gotthard Pass. And where better for a luxurious pit stop than The Chedi Andermatt? The Chedi Andermatt offers insights into another world and views of an incomparable part of Switzerland.

[www.thechediandermatt.com](http://www.thechediandermatt.com)





**HOCHALPINES INSTITUT FTAN**  
SWISS INTERNATIONAL SCHOOL AND SPORTS ACADEMY

## HOCHALPINES INSTITUT FTAN (HIF) – Swiss International School and Sports Academy

Founded in 1793, HIF Swiss International School and Sports Academy is committed to the highest standards of teaching and individual achievement in a school culture based on kindness and understanding. It is a co-educational secondary boarding school with strong local roots, which caters to the needs of students of all cultures. HIF offers a range of programmes recognised by the world's leading universities. A bilingual programme (English-German) leads to the Swiss Baccalaureate-Matura. The school is a centre for the Cambridge International General Certificate of Secondary Education (IGCSE). HIF is also a candidate school for the International Baccalaureate (IB) Diploma Programme and pursuing authorization as an IB World School.

Learning at HIF goes beyond the walls of the classroom. Located at over 1600 metres in the high-alpine valley of the Engadine, HIF is a centre for winter sports such as skiing and snowboard-

ing. The summer programme includes golf, tennis, soccer and hiking expeditions.

HIF Sports Academy is open to any student with a passion for sport and strong academic ambitions. They can combine competitive or leisure sports with a Swiss or international academic programme. Sport is a core element in the education of all HIF students. It promotes health and well-being but also resilience, self-discipline and team spirit – vital qualities for future leaders.

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www.hif.ch



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No matter if you need an airport transfer, a city-to-city transfer, an hourly package or a multiple-day package – AMAG Chauffeur Drive has the perfect solution for you. With offices in Zürich and Geneva, they cover the whole of Switzerland.

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for special conditions

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### Europcar CAR RENTAL

*Your car rental company*

If you prefer to drive yourself, you can book a car with the leading car rental company Europcar.

They offer a whole range of vehicles at over 90 stations. One way rentals within Switzerland are normally free of charge (except some stations) – you pick up the car in Zürich and drop it off in Geneva at no additional charge! Discover Switzerland on your own and follow the Grand Tour of Switzerland route.

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**Europcar**



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FASHION OUTLET**

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*next to the JTCamp.ch and to rocksresort*

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Enjoy a beautiful village in a typical Swiss style, surrounded by a wonderful mountain backdrop.

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# BOOK ONLINE

[www.JTCamp.ch](http://www.JTCamp.ch)

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Junior and Teen Camp

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Switzerland

Summer camp, Swiss made 



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