



HOCHALPINES INSTITUT FTAN
SWISS INTERNATIONAL SCHOOL AND SPORTS ACADEMY

18 JULY –
31 JULY 2021

INTERNATIONAL SUMMER ADVENTURE CAMP

The HIF International Summer Adventure Camp 2021 is a two-week learning journey, high above the world at 1700 metres on the campus of the Hochalpinen Institut Ftan (HIF) in the Engadine, Switzerland. Ftan is a village on the doorstep of the Swiss National Park with its wildlife and its untouched landscape of mountains, forests and rivers. It is just waiting to be explored.

Our Summer Camp brings together young people from around the world to live and learn together. It will be a summer to remember for the adventure, the friendships, for the fun and laughter, and for the inspiration you will take home with you.

LEARN. EXPLORE. DISCOVER. DEVELOP.



Location Ftan
Engadine Valley
Switzerland



Language lessons
per week
25



Age 10 – 16



Focus programmes
5



Full-day excursions
2



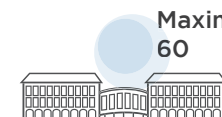
Pastoral staff : students
1:9



Students per class
15



Residential
double rooms



Maximum participants
60





ACTIVITIES

MORNINGS

**25 X 45'
ENGLISH OR GERMAN
LESSONS PER WEEK**

- International groups
- Maximum class size of 15 (with one teacher, one assistant)
- Progress monitoring
- All learning materials included
- Course Participation Certificate awarded



AFTERNOONS

FOCUSING ON NATURE, SPORTS AND ARTS

HIF ISAC participants get a choice of activities with options focusing on nature, sports and arts. Students will choose their favorite activity for 3 afternoons per week. On 2 afternoons per week, whole group excursions and activities are planned. At weekends, our students will explore the region in 2 full-day activity excursions.



FOCUS ACTIVITIES

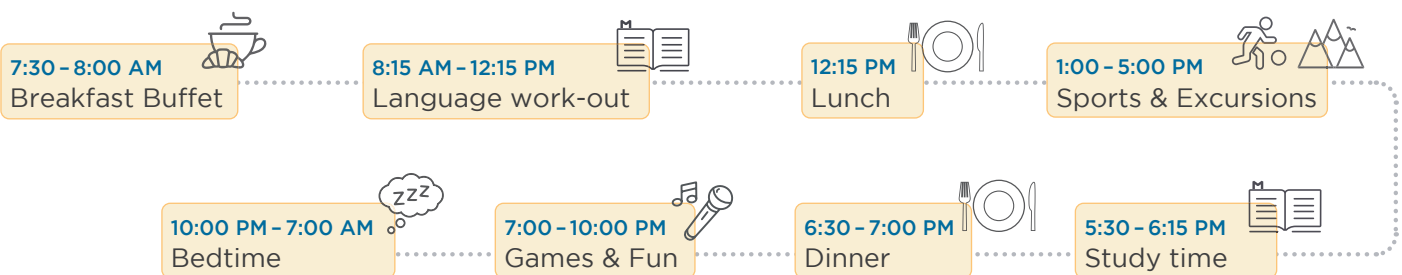
- ☀ Golf (beginner or advanced)
- ☀ Horseback riding (beginner or advanced, outings)
- ☀ Arts and design (art in the region – art from the region)
- ☀ Outdoor adventure (rock climbing, hiking, mountain scooter rides, and more)
- ☀ Nature and sustainability (wildlife observation, scientific experiments, exploring the region)



WHOLE GROUP ACTIVITIES

- * "Train like a Champion" with our Olympic Gold Medal Winner Nevin Galmarini
- * Sports: tennis | badminton | football | volleyball | table tennis | uni hockey | basketball | dodge ball
- * Dance sessions - music and movement in harmony
- * Nut-cake baking session - discover the secret recipe in the local bakery
- * Pottery painting - let a local artist introduce you to traditional Engadine ornaments
- * Hiking the Swiss National Park - discover and observe wildlife
- * Chair lift ride and orienteering afternoon - beat your friends to finding the prize
- * Castle of Tarasp - the magic of world-renowned artist Not Vital
- * An afternoon at the ropepark - courage, strength and agility
- * Video workshop - story telling through images

TYPICAL DAY



EVENINGS

FOCUSING ON FUN, GAMES AND FRIENDSHIP

- ★ Discovering the starry skies of the Engadine
- ★ Where is our bread made - visit to local bakery
- ★ Learn the local idiom "Rumantsch vallader"
- ★ Sports competitions
- ★ Board and card games
- ★ Movie night
- ★ Disco night
- ★ Handicraft



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ACCOMMODATION AND PASTORAL CARE

Participants of HIF ISAC will be accommodated in the HIF boarding houses providing excellent safety and security. They will share double bedrooms and bathroom facilities with separate sections for girls and boys.

Bed sheets and towels are provided. Limited laundry service is offered upon request. HIF ISAC understands the utmost importance of student welfare and offers 7/24 pastoral care. The happiness of each participant is the basis for their success.

MEALS

Residential accommodation includes a delicious selection for breakfast, lunch, dinner and two snacks in-between. Our nutrition concept suggests a menu of light meals using locally-sourced ingredients which meets the dietary requirements of a health-conscious modern lifestyle.

INSURANCE

HIF ISAC participants must be insured against sickness, accident and liability and must present proof of coverage through a Swiss health, accident and liability insurance policy upon registration. HIF ISAC participants from outside Switzerland will be obliged to take out HIF health, accident and liability insurance package to ensure full coverage at the local hospital and with local doctors. The cost of the HIF insurance package is fully at the expense of the parents.

AIRPORT TRANSFERS

Airport transfers to and from Zurich airport are available at additional cost. To organize the transfers, parents will need to furnish the participant's flight information. If children are travelling as unaccompanied minors, HIF ISAC staff will receive them from the airline personnel, and when the programme is over, accompany the participants back to the airport and hand over the children to airline staff.

COSTS

The two-week „HIF International Summer Adventure Camp“ costs **CHF 3,450** and includes accommodation, full board, 50 language lessons, school materials, sports, cultural and all other activities.

CONTACT US

HOCHALPINES INSTITUT FTAN AG Chalchera 154 • 7551 Ftan • +41 81 861 22 11 • www.hif.ch • summercamp@hif.ch



COME &
JOIN US

