



## SOCIAL, CULTURAL AND SPORTING ACTIVITIES

At Malaca Instituto we offer an extremely comprehensive programme of cultural, social and sporting activities. There are events programmed every day and we have sufficient students in the school all the year round for the vast majority of these events to take place. It is rare that an event is cancelled due to insufficient numbers.

Some of these activities are included in the price of a course, others are paid for when they take place.

FREE	TO BE PAID FOR
<ul style="list-style-type: none"> <li>• Welcome talk on the first Sunday</li> <li>• Orientation tour of Malaga</li> <li>• Party evenings at Club Hispánico</li> <li>• Cultural talks</li> <li>• Films on our large screen</li> <li>• Swimming pool</li> <li>• Sevillana dance (Flamenco) classes</li> <li>• Salsa classes</li> <li>• Aerobic-type activity twice a week</li> <li>• Workout material</li> </ul>	<ul style="list-style-type: none"> <li>• Full-day excursions at weekends (Granada, Seville, Cordoba)</li> <li>• Weekend excursions to Morocco</li> <li>• Routes (Wine, olive oil, goat cheese, etc.)</li> <li>• Museum visits: Picasso, Pompidou, etc.</li> <li>• Tapas evening</li> <li>• Sports (tennis, golf, etc.)</li> <li>• Boat trip</li> <li>• Etc.</li> </ul>

The following programme is intended only as an example and actual events will change according to the time of the year and what is possible. We guarantee that there will always be a full and interesting programme.

### Sample 2-week activity programme

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1.	Orientation tour of Malaga (Free)  Welcome aperitif (Free)	Sevillana dance classes (Free)	Cookery class + lunch (€ 25)  Film (Free)	Cultural Talk: Flamenco (Free)  Salsa class (Free)	Sevillana dance classes (Free)  Tapas bar evening (€ 25)	Walking in the mountains (€ 35)	Excursion to Granada (€ 60)
2.	Sevillana dance classes (Free)	Film (Free)	Visit to Nerja & Frigiliana (€35)  Sevillana Dance classes (Free)	Cultural Talk: Wines of Spain (Free)  Salsa class (Free)	Museum Visit (€ 15)	Weekend in Morocco (€ 195)  Excursion to Seville (€ 50)	Weekend In Morocco (€ 195)  Excursion to Cordoba (€ 50)