

friLingue

Freude  
lehrt  
Sprachen

## Summer / Winter Camps

Swiss summer and winter language and ski camps for teens

Ages: 6-9, 10-13 & 14-17  
French, German and English



Swiss Language  
& Ski Camps



# WELCOME TO OUR SUMMER & WINTER CAMPS IN BEAUTIFUL SWITZERLAND

## Why Switzerland?

Switzerland is the perfect camp destination for juniors and teens. Blessed with beautiful scenery and safe communities, Switzerland is easily accessible by train and air from Europe and other international locations.

friLingue provides transfers to our camps from both Geneva and Zurich airports

### LEYSIN

Leysin is a modern tourist and sports resort, aimed at both winter and summer tourism.

Time to the airports by car:  
**Geneva 1 h 30 min**  
**Zurich 3 h**

### SCHWARZSEE

Schwarzsee is a stunning lake and mountain location in the Swiss Prealps, ideal for summer hiking and winter skiing.

Time to the airports by car:  
**Geneva 2 h**  
**Zurich 2 h**

### ST. BERNARD

St. Bernard is a beautifully picturesque Alpine region in the canton of Valais, known for summer and winter mountain sports.

Time to the airports by car:  
**Geneva 1 h 30 min**  
**Zurich 3 h**



## The friLingue experience

**1** 6 students per class

**2** Delicious, organic and fresh: home-cooked meals for a balanced diet

**3** Unique Locations

**4** Safe & Secure



**PHILIPP WEBER**  
 Founder - friLingue  
 Language Learning Camps

I founded friLingue in 2007 because I wanted to bring young people together and give them the chance to discover, like I did when I was a teenager, how much fun it is to learn a language in a beautiful location with new friends and energetic teachers.



**LJUBISA ILICIC**  
 Director - friLingue  
 Language Learning Camps

In the summer of 2009 I was looking for a summer camp. I found friLingue and it changed my life. For me, friLingue offers the best of Switzerland; a uniquely positive atmosphere, an international environment, breathtaking scenery and clean lakes.



**6** Fun & Interesting Workshops

**7** Nationality Mix: foreign and Swiss students mix in the same camps



**5** Young, creative and diverse group of teachers





Ages: 8 to 12 | 13 to 17

Languages: English | French | German

Swiss Chalet: 4 | 6 | 8 beds

Hotel accommodation: 2-bed en suite room

### THE PROGRAM

Classes are interactive and lively. Students will be using their speaking and listening skills in a wide range of fun language learning activities. Classes are held both indoors and outdoors to profit from the mountain sun.

#### PROGRAM INCLUDES:

- 15 hours of class per week
- Full board accommodation
- Our own property
- 6 students per class
- Alpine location
- Airport transfers included
- Certificates
- Afternoon activities: workshops, hiking with views of Mont Blanc and more!
- Evening activities
- Full-day excursion on Saturday include Sion, Montreux, etc.



*I had a good German teacher and I liked to play games in class sometimes. We were there to have fun but we could also learn at the same time. I learned a lot of German and had fun during the evening and afternoon activities.*  
*Gabriel - 14, Switzerland*



# St. Bernard Summer Camp



#### FACTS ABOUT ST. BERNARD

- Bilingual French & German speaking region
- Home of the St. Bernard dog breed
- Close to the French and Italian borders
- Summer & Winter mountain sports location
- Spectacular Alpine views

#### Relais de Dranse Chalet

- frilingue-owned property
- Traditional chalet, renovated in 2014
- Comfortable rooms with 4 - 8 beds
- Beautiful Alpine views
- Large common area & Dining room
- No passing traffic



### St. Bernard Summer Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day city tour and shopping
Lunch							
Afternoon	Arrival during afternoon	WORKSHOPS**	EXCURSION VerticAlp Emasson (cable car + Alpine dam)	WORKSHOPS**	EXCURSION Hiking in the St. Bernard area	Free Time	Visit Aosta Valley in Italy
Dinner							
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Football Tournament	Karaoke	Bonfire at the Lake Singing and Guitars	Free Time	Disco until 23:00	Free Time, Film, BBQ

\* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

\*\* Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop

Ages: 12 to 17

Special  
Camps

Languages  
English



# Adventure camp



## THE PROGRAM

This is an intense camp for young people who want to move, act in thought and think in action - nature and culture go hand in hand for an intense and complete experience!

### WHAT WILL YOU LEARN?:

- How to navigate with a map and a compass
- How to predict the weather forecast
- How to construct an emergency shelter
- How to make fire without matches
- How to tie different types of knots
- How to find a food supply in nature
- Discover the plants and their benefits, the animals and their behavior.
- Many other essential survival skills

### WHAT WILL YOU DO?:

- English, French or German lessons in the morning
- Exploring the wild side of Switzerland
- Canoe trips
- Climbing and zipline descent
- Crossing a gorge



## Adventure Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion to Geneva lake
Lunch							
Afternoon	Arrival during afternoon	Workshop or intensive courses or Adventure Camp activities	Half-day excursion	Workshop or intensive courses or Adventure Camp activities	Half-day excursion	Workshop or intensive courses or Adventure Camp activities	Visiting Montreux and castle Chillon
Dinner							
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Adventure Challenges	Campfire	Artistic workshop	Camping	Relaxed evening	BBQ

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Ages: 10 to 15

Special  
Camps

Languages  
English, French, German



# Liddes United Football Camp



## THE PROGRAM

This hot summer football camp in Valais combines footballing fun with interactive language courses in groups of six (French, German & English). So lace up your boots and experience a football week full of educational & fun training sessions as well as dynamic language lessons, all at Champions League level of course!



## Liddes United Football Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day excursion
Lunch							
Afternoon	Arrival during afternoon	Football training session, Relax/workshops	Football training session, Relax/workshops	Football training session, Relax/workshops	Half-day excursion	Football challenges	Full-day excursion
Dinner							
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Match	Football quiz games	Football challenges	Free evening	Disco	BBQ

\* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).





Ages: 8 to 12 | 13 to 17

Languages: English | French | German

Swiss Chalet: 4 | 6 | 8 beds

Hotel accommodation: 2-bed en suite room

20 Ski or snowboard lessons | 12 Language Lessons

# St. Bernard Ski & Snowboard Camp

- Learn to ski or snowboard with our certified instructors
- 20 minutes drive from Verbier, the largest ski resort entirely within Swiss borders
- Smaller slope with 3 lifts just a five minute bus journey from our chalet
- 2 day trips a week to the Matterhorn, Sion, Lausanne and Montreux
- Choose between language classes in the morning or an all day ski or snowboard course

## Relais de Dranse Chalet

- A frilingue - owned property
- A range of 4, 6 & 8 bedrooms
- Large dining and living rooms
- Beautiful location with breathtaking views
- Close to ski slopes and hiking trails



## THE PROGRAM

With our ski and snowboard course, students of all ability levels will have the opportunity to improve and have fun; we'll help beginners to feel at home on the piste, whilst more comfortable skiers and snowboarders will be taught on the bigger slopes by our more advanced coaches. As well as taking ski and snowboard lessons, we also offer you the chance to take French and English classes each morning with our young and dynamic teachers.

### PROGRAM INCLUDES:

- Day trip to Zermatt and the world famous Matterhorn mountain / Aosta (Italy)
- Day trips to Sion, Lausanne or Montreux
- Water park and laser tag
- 12 language lessons / 20 ski or snowboard lessons



## St. Bernard Ski Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Morning</b>		8.45 - 11.45 Skiing or Language Lessons	8.45 - 11.45 Skiing or Language Lessons	Full Day Excursion to Aosta	8.45 - 11.45 Skiing or Language Lessons	8.45 - 11.45 Skiing or Language Lessons	Full-day excursion to Lausanne Laser tag
	Lunch						
<b>Afternoon</b>	Arrival during Afternoon	Skiing	Skiing	Roman Theatre	Skiing Sledging Ice Skating	Skiing Sledging Ice Skating	Olympic Museum
	Dinner						
<b>Evening</b>	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Swiss Evening with Quiz and Fun	Ice Skating	Swimming	Free Evening	Disco	Movie Night in the Chalet, BBQ

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Ages: 10 to 12 | 13 to 17

Languages: French | English

Hotel: Single room | Double room | 4 beds

Horse Riding

Tennis

Pool

## THE PROGRAM

Our teachers run fast-moving, fun and conversational classes focusing on communication skills. Students will see noticeable improvement in their speaking skills.

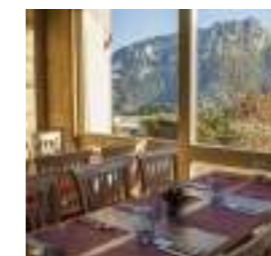
### PROGRAM INCLUDES:

- 15 hours of class per week
- Full board accommodation
- 1, 2 & 5 bed rooms
- 6 students per class
- Course materials
- Afternoon activities (Mon-Fri)
- Evening activities
- Full-day excursion
- Airport transfers
- Certificate



*I think that Switzerland is very nice and the thing I liked about the French classes were the projects that we did. Having the classes in small groups is better because the teachers can explain things individually to each student.*

Luca - 14, Spain



# Leysin Summer Camp

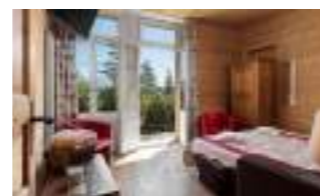


### FACTS ABOUT LEYSIN

- Sunny Alpine resort village
- Spectacular Alpine views
- Year-round mountain sports and recreation
- International atmosphere
- Close to Montreux, The Olympic City of Lausanne and many more of Switzerland's world-famous landmarks

## Sport Hotel Leysin

- Comfortable, modern and fully-equipped en suite bedrooms
- Balconies with Alpine views
- Regional & international Cuisine



## Leysin Summer Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Morning</b>		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	Full-day city tour and shopping	
<b>Afternoon</b>	Lunch	Arrival during Afternoon	WORKSHOPS**	EXCURSION Adventure Park	WORKSHOPS**	EXCURSION Mountain Lake	Free Time	Montreux & Castle of Chillon
<b>Evening</b>	Dinner	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Football Tournament	Rally - Village Tour	Casino Night	Free Time	Disco until 23:00	Swimming, Games and Fun, BBQ

\* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

\*\* Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop





Ages: 10 to 17

Languages: English

Campus: Dormitory | 4 | 2 beds

## THE PROGRAM

Improve your English skills in a proactive and immersive environment. Outside of the class room, you'll get to explore the mountains, swim in the lake and roast marshmallows over an open fire underneath a starry sky, the likes of which we can guarantee you've never seen before!

### PROGRAM INCLUDES:

- 15 hours of language course
- 2 workshops
- 3 excursions
- Evening program
- Accommodation
- Full board
- Airport transfers
- Certificate



# Schwarzsee English Camp



### FACTS ABOUT ENGLISH CAMP

- Full English speaking staff team
- Native speaking teachers from throughout the English speaking world
- All evening and afternoon activities conducted exclusively in English
- Good mix of Swiss and international students

## Schwarzsee Campus

- The campus offers modern furnished rooms, a large living room and spacious classrooms.
- Accommodation in 4-bed rooms or cool dormitories in a peaceful mountain location.
- Large sports complex including a sports hall, multiple outdoor courts and sports fields, a fitness centre and two climbing walls.



## Schwarzsee English Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	9.00 - 10.30 English Lessons 11.00 - 12.30	
Afternoon	Lunch						Full-day excursion to Fribourg
Evening	Arrival during Afternoon	WORKSHOPS**	Hiking with a photo & video competition	WORKSHOPS**	Beach - SUP, canoe, pedalo	Free Time	
	Dinner						
	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Sports Tournament	Games Night	Bonfire at the Lake Singing and Guitars	Movie Night & Relaxation	Disco until 23:00	BBQ

\* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

\*\* Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop





Ages: 10 to 13 | 13 to 17

Languages: French | German

Swiss Chalet: Dormitory 2 | 3 | 4 beds

## THE PROGRAM

Classes are interactive and lively. Students will be using their speaking and listening skills in a wide range of fun language learning activities. Classes are held both indoors and outdoors to profit from the mountain sun.

### PROGRAM INCLUDES:

- 15 hours of class per week
- Full board accommodation
- 2, 3 & 4 bed rooms
- 6 students per class
- Course materials
- Afternoon activities (Mon-Fri)
- Evening activities
- Full day excursion (Sat or Sun)
- 24 hr staff supervision
- Airport transfers
- Certificate



Everyone is very friendly!  
The classes are small so we have many chances to speak a lot. I also love Schwarzsee. The area and the mountains are so beautiful!

Theo - 10, France



# Schwarzsee Bilingual Camp



### FACTS ABOUT SCHWARZSEE

- Breathtaking mountain location in the Prealps
- Bilingual French & German speaking region
- Perfect for lakeside relaxation and mountain adventures
- Gives an authentic taste of the Swiss Mountain life

## Schwarzsee Campus

- The campus offers modern furnished rooms, a large living room and spacious classrooms.
- Accommodation in 4-bed rooms or cool dormitories in a peaceful mountain location.
- Large sports complex including a sports hall, multiple outdoor courts and sports fields, a fitness centre and two climbing walls.



## Schwarzsee Bilingual Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	9.00 - 10.30 Language Lessons 11.00 - 12.30	
Afternoon	Lunch	WORKSHOPS**	Hiking with a photo & video competition	WORKSHOPS**	Beach - SUP, canoe, pedalo	Free Time	Full-day excursion to Estavayer-le-Lac
Evening	Dinner	Sports Tournament	Games Night	Bonfire at the Lake Singing and Guitars	Movie Night & Relaxation	Disco until 23:00	BBQ
	Welcome Evening: Test, Rules, Introduction, Icebreaker games						

\* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

\*\* Sample Workshops: Theatre, Film or Media Workshop, Newspaper, Sports, Graffiti, Dancing, Baking, DJ Workshop



Ages: 12 to 17

Special Camps

Languages English, French

Campus Dormitory | 4 | 2 Beds



# Art camp



## THE PROGRAM

The program is flexible because this is a project - based camp, and we allow the creative ideas spawned from the project to guide the camp's direction and flow, however here are some things we guarantee:

- 10 hours of language courses to strengthen the language bases, paying close attention to the learning needs of each individual student.
- 5 hours of communication classes, exchange of ideas, discussions and communal writing.
- 3 different workshops (drawing, painting, music, video editing, photography, theatre) to foster immersion in the target language.
- 2 excursions per week, including one full-day.
- An evening program where everyone is free to follow a group activity (campfire, game night, creative disco) and continue their workshop. Always in the company of teachers and experienced animators and motivated by the projects.



## Art Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	
	Lunch						Full-day excursion
Afternoon	Arrival during afternoon	Artistic workshops / conversation about Art history	Artistic workshops / Ideas for the end of week exhibition	Artistic workshops / Artistic activities with the whole group	Excursion and painting in the nature / Installation in the chalet	Sports / Free time	
	Dinner						
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Film about arts	Camp fire	Free time / artistic projects	Disco party	Exhibition and performances	Games evening, BBQ

\* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).

Ages: 10 to 15

Special Camps

Languages English, French, German

Campus Dormitory | 4 | 2 Beds



# Tennis Camp



## THE PROGRAM

Our tennis camp takes place in our chalet in the Alpine village of Liddes. The tennis court is just around the corner and is surrounded by the majestic Swiss Alps. Swinging a tennis racket in this extraordinary environment is an event to remember.

- 15 hours of language courses to strengthen the language bases, paying close attention to the learning needs of each individual student.
- Over 8 hours of tennis lessons per week, the biggest focus being on the most important aspects of the game.
- Several different workshops which serve the purpose of fostering the immersion in the target language.
- 2 excursions per week, including one full-day.
- An evening program where everyone is free to follow a group activity (campfire, game night, creative disco) and continue their workshop. Always in the company of teachers and experienced animators and motivated by the projects.



## Tennis Camp - Schedule\*

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning		9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	9.00 - 10.30 Language lessons 11.00 - 12.30	
	Lunch						Full-day excursion
Afternoon	Arrival during afternoon	14.30 - 16.30 Tennis training session 16.30 - 18.30 Worskops / relax time	14.30 - 16.30 Tennis training session 16.30 - 18.30 Worskops / relax time	14.30 - 16.30 Tennis training session 16.30 - 18.30 Worskops / relax time	Half-day excursion	14.30 - 16.30 Tennis Challenge Part 2 16.30 - 18.30 Relax time	
	Dinner						
Evening	Welcome Evening: Test, Rules, Introduction, Icebreaker games	Film about arts	Camp fire	Tennis Challenge Part 1	Movie night	Disco night	Games evening, BBQ

\* This is only an example for a weekly program. The exact program will be communicated on Sunday evening (yet it can be modified later on due to bad weather or other reasons).



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friLingue



friLingue - Freude lehrt Sprachen



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